

New center plaque at Gilgit-Baltistan unveiled

CPSP extends its outreach to Gilgit-Baltistan

Prof. Zafar Ullah Chaudhry, President CPSP along with Gen. Salman Ali, Senior Vice President, Prof. Khalid Masood Gondal, DGIR & Regional Director Lahore CPSP, Prof. Shoib Shafi, Councillor and Regional Director Islamabad, Prof. Mohd Asghar Butt, Councillor and Regional Director Faisalabad visited Gilgit-Baltistan from 9th to 10th September 2017. The delegation was received by Chief Minister of Gilgit-Baltistan, Mr. Hafiz Hafeez ur Rehman.

The delegation had a meeting with the Chief Minister at his office. The delegation was shown the location where to locate the Regional Center for Gilgit-Baltistan. The delegation after approving the site, placed a plaque and together with the Chief Minister, they prayed for the success to CPSP Regional Center at Gilgit-Baltistan. A plant too was planted at the site by the President and Hafiz Hafeez ur Rehman, the Chief Minister. Gifts were also exchanged as President shared the short pictorial history of 50 years of CPSP and also gave the College Memento to the Chief Minister.



After unveiling the plaque of the Regional Center at Gilgit-Baltistan dua was offered by Mr. Hafiz Hafeezur Rehman, Chief Minister Gilgit-Baltistan, Prof. Zafar Ullah Chaudhry, President CPSP, Maj. Gen. Salman Ali, Senior Vice President, Prof. Khalid Masood Gondal, DGIR, Prof. Mohammad Asghar Butt, Regional Director Faisalabad & Councillor CPSP, Prof. Muhammad Shoib Shafi, Regional Director Islamabad & Councillor and other Fellows of CPSP



Prof. Zafar Ullah Chaudhry, President CPSP, and Prof. Khalid Masood Gondal, DGIR addressing the audience

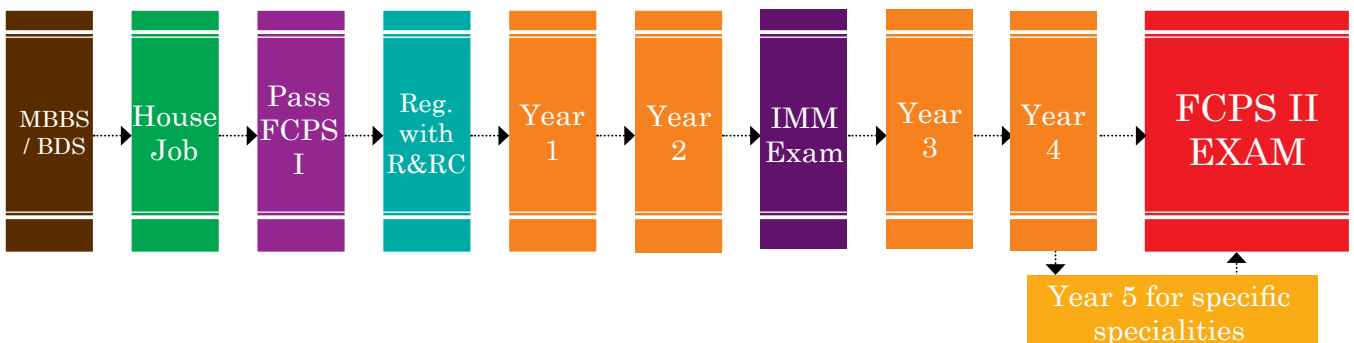
Prof. Khalid Masood Gondal, DGIR CPSP addressed the doctors and other members of Medical fraternity and told them about the establishment and progress of CPSP. He detailed especially about the international contacts and recognition of CPSP. He told them that with FOUR overseas centers, located at Katmandu, Nepal, Riyadh, Saudi Arabia, Birmingham, UK and Dublin, Ireland, not only College degree is recognized but also almost a thousand candidates appear for FCPS-I Exams there to enter the College prescribed Fellowship and Membership Programs. He also detailed about the fast increasing opportunities for College Fellows to be involved either in Post Fellowship or even mid-level training programs, as is followed with Ireland and institutions in UK. These training programs are in accordance with College laid down curricula and training programs, thus accepting our programs and training methodology.

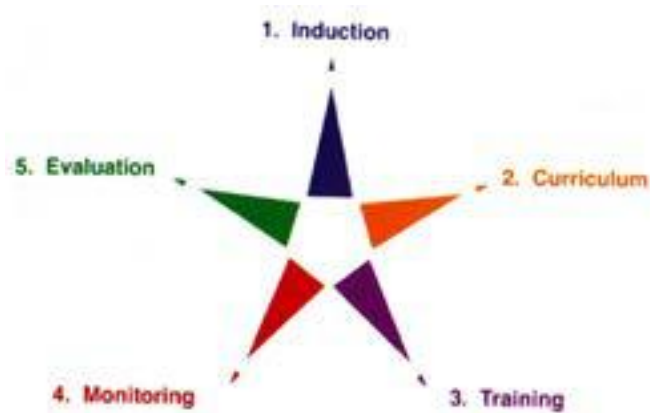
Prof. Zafar Ullah Chaudhry, President, addressing the gathering told about the functioning of College and in particular the induction program. He informed that College is now holding all induction level exams, FCPS-I, online at various centers of the College involving computer technology. Even IMM, the mid-level College exams that is taken by the College residents after two years of core training in the specialty, is now based on MCQs and is online too.

President went on to explain the College Model of Competency, developed and accepted by other sister postgraduate Institutions of the World. He also told the audience that College offers 73 Fellowship Programs which include 46 First Fellowships which are either of 4 or 5 years; depending upon the choice of specialty and 27 Second Fellowship programs which are of 2 years during after successful completion of First Fellowship.



FELLOWSHIP ROAD MAP





Induction and Curricula:-

President also detailed the requirements of Fellowship trainings programs and in this connection, he detailed the STAR program of College. He explained that College now follows induction in training twice a year; January and July each year so that proper training programs could be followed for the residents by their supervisor. He stressed that College is the only institution that offers a uniform curricula and training programs whether it be Gilgit-Baltistan or Lahore/Karachi. The institutions are evaluated and are accredited by College specialist teams who visit personally and verify not only the faculty but also the availability of infrastructure and inflow of patients in any unit and institution that is accredited by the College. It accredits the Supervisors who are to be mentors for future specialists in that particular discipline. The minimum laid down parameters for a supervisor is to be a fellow of CPSP or an equivalent Postgraduate degree with at least 5 years of postgraduate teaching experience.

Training and Monitoring:-

President went on to explain the training and how it is structured. He told the doctors in the meeting that College has developed **Structure Visual Display Charts** wherein the competencies required are listed with minimum number of cases to be undertaken at a given level of competency in each quarter of training by the residents. He told that College has developed its own **E-Logbook** which is mandatory for every College Resident and Supervisor. The College Residents are required to file their daily performance on E-logbook and send it to supervisor for verification. The supervisor verifies or asks to discuss the performance. This is all on internet as every resident and supervisor must have internet access. This is part of monitoring, as College, through its National Residency Directorate does check and verify the performance to keep a track and to guide the residents as well as supervisors too.

Evaluation:-

Finally, told the President, is the evaluation of attainments of the Residents. This is carried out by firstly the **Inter Mediate Module (IMM)** exams where the core competencies are evaluated that residents attain during the first two years. In final exams the specialists of discipline as examiners from all over the Country and even from abroad, evaluate the trainee in theory exams, TOACS, Clinical exams that are conducted on live patients and finally the Viva Voce. These exams are conducted at major centers of CPSP apart from Headquarters, Karachi. Thus testing skills attained by Residents are thoroughly checked and verified by none less than Specialists who have been supervisors for at least 10 years or more.



Prof. Zafar Ullah Chaudhry President CPSP, Maj. Gen. Salman Ali, Senior Vice President and Prof. Khalid Masood Gondal, DGIR, presenting Memento to Chief Guest Mr. Hafiz Hafeezur Rehman, Chief Minister Gilgit-Baltistan

President further explained that College has a mandatory requirement of research for Fellowship residents. This is quantitative research that every resident of the College has to undertake after getting the synopsis duly approved from Research Evaluation Unit of CPSP. The resident are required to submit their dissertation at least six months before the final exams, or they should submit proof of two articles contributed to College Journal or 10 other College approved Journals. This inculcates a spirit of continuing learning and research in their specialty which helps them improve in their own discipline.

Prof. Zafar Ullah Chaudhry added that College has acquired **ATLS, BLS, ACLS, PALS** and **ALSO** advanced courses from USA which are mandatory in the West for every specialist to handle a patient. These courses are conducted by the College at various centers by qualified and trained US approved instructors. These courses are now being made mandatory for various disciplines accordingly.

After the explanation of President, followed a question answer session. Responding to questions, President assured that College, following merit and nothing else, **will provide opportunities for CPSP residents and fellows from Gilgit-Baltistan to be sent to UK, Ireland and Saudi Arabia too.**

President and other members of CPSP delegation visited DHQ hospital, CMH hospital and Aga Khan Medical Center there at Gilgit-Baltistan. The delegation was accorded an audience with the Governor of Gilgit-Baltistan, H.E. Mir Ghazanfar Ali Khan at the Governor House.



A view of planting at Gilgit-Baltistan by the President with his delegation



Prof. Zafar Ullah Chaudhry, President CPSP, Maj. Gen. Salman Ali, Senior Vice President and Prof. Khalid Masood Gondal, DGIR exchanging views with Governor of Gilgit-Baltistan, H.E. Mir Ghazanfar Ali Khan at the Governor House.



President and other members of CPSP delegation shared the short pictorial history of 50 years of CPSP with Governor of Gilgit-Baltistan